

# **Unlocking the Power of Ubiquinol**



## What is Ubiquinol?

Ubiquinol is the active and the major form of coenzyme Q10 (CoQ10) that naturally occurs in the body.

Ubiquinol is a critical component of energy production for every cell of your body. Therefore, Ubiquinol is concentrated in organs that require the most energy, such as the heart.

Oxidative stress increases with age. As we age, our body converts less CoQ10 to Ubiquinol, thereby reducing essential antioxidant protection.

## **Ubiquinol dosing**

	Blood level	Suggested dose*
Heart failure	> 4 µmol/L	300 mg or >
Statin therapy <50 years	> 3 µmol/L	150 mg or >
Normal range	0.7–1.2 µmol/L	100 mg
Fertility	> 2 µmol/L	150-300 mg
Healthy range	1–2 µmol/L	Optional

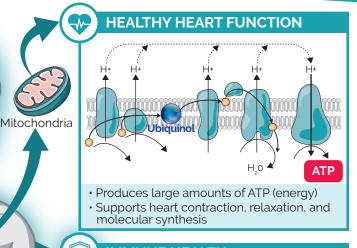
## FOR MORE INFORMATION PLEASE SCAN THE QR CODE BELOW



Email us via hello@ubiquinol.net.au or check out www.ubiquinol.net.au

THIS DOCUMENT IS INTENDED FOR HEALTHCARE PROFESSIONALS ONLY. IT IS NOT INTENDED FOR CONSUMER USE.

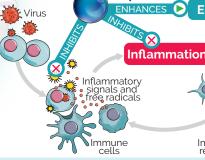
All information are substantiated/supported by data on file which are available upon request.



**ENERGY** 

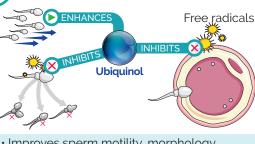
Immune cell

# IMMUNE HEALTH Ubiquinol



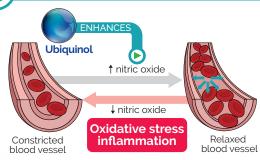
- Anti-inflammatory
- Supports energy production for immune cells and post-infection recovery

### **FERTILITY HEALTH**



- Improves sperm motility, morphology and sperm count
- Improves egg quality and quantity
- Improve hormone levels among infertile females

## VASCULAR HEALTH



- Essential for nitric oxide production
- Improves endothelial function
- Improved blood vessel health and increased circulation

# **About Kaneka and Ubiquinol**

## The Kaneka Ubiquinol advantage



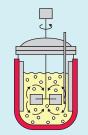
JAPAN 1949 Pharmaceutical product manufacturer

# RESEARCH AND DEVELOPMENT



Stabilised Ubiquinol without oxidation

#### **MANUFACTURING**



Unique, patented natural yeast fermentation process

#### SAFETY & QUALITY



More sustainable and kinder to the environment

#### KANEKA'S UBIQUINOL



Ubiquinol is stable and clinically researched

## The exclusive global manufacture of Ubiquinol



Kaneka Corporation, established in 1949 and headquartered in Japan, in a country famed for its contrasting blend of ancient traditions and modern technology, provides diversified products including pharmaceutical intermediates and food supplements.

Since 2007, Kaneka has commercially manufactured the only 100% natural yeast-fermented ubiquinol that is bio-identical to that produced naturally in the body.

Kaneka adapts the Japanese philosophy of "Kaizen" (かいぜん), using constant incremental changes for the better, demonstrating a commitment to quality, efficiency and the pursuit of perfection in their work.





When purchasing ubiquinol products, remember to look for the Kaneka logo - a symbol of high quality and authenticity, ensuring you're choosing a product you can trust.

## **Ubiquinol actions**





The standard recommended dosage to help build your body's Ubiquinol levels is 100–150 mg a day.

#### 100 mg is equal to:

133 tbsp olive oil 5.7 kg chicken 60 avocados 3.4 kg red meat 50 cups spinach 120 cans sardines

### **(1)** ANTIOXIDANT



## Raw material range and specification

Raw material	Appearance	Application
Kaneka Ubiquinol™ Over 96% oil soluble powder		Softgel capsule
Kaneka Ubiquinol™ Stabilized Powder (P30) 30% air-stable, encapsulated, water-dispersible powder		Hard capsule Powder sachet Ready-to-drink beverage
Kaneka Ubiquinol™ Softgel Capsule 100 mg and 50 mg Ubiquinol softgel capsule	•••	Softgel capsule

## Certifications

