

Margaret Arnold, PT, CEES, CSPHP CEO of EarlyMobility.com, Founder, Inspire Outcomes. Margaret is an expert in Early Mobility. She has over 25 years of experience as a PT, specializing in back injury treatment and prevention, industrial rehabilitation, ergonomics, and safe patient mobility.

Margaret developed and managed a successful safe patient handling program and initiated an early mobility program in her home hospital in Bay City, Michigan.

Margaret has presented a TED talk on early mobility and safe patient handling and presents extensively at both domestic and international conferences related to PT, Early Mobility and Safe Patient Handling. She is also the editorial advisor on Early Mobility for the International Journal of Safe Patient Handling and sits on the board of directors for the American Safe Patient Handling Association. She has published extensively on both topics and is a pioneer in integrating early mobility programs with safe patient handling programs.

Margaret is involved in research to incorporate SPHM technologies into Early Mobility Programs, and has designed a multi-function mobility harness that is available through her company, Inspire Outcomes.

Margaret has a proven track record of successful sustainable program outcomes and is passionate about doing whatever it takes to provide the best care for the patients in the safest way for care givers. As a business owner herself, she understands fiscal responsibility and is always conscious about presenting her clients with their best business case and estimated ROI for implementing SPHM and EarlyMobility.com Programs.