Dr Chappel is Medical Director of Chappel Group Senior Care and Chappel Group Research in Kissimmee, Florida. He is also Certified Medical Director at Osceola Health Care, Consulate Health Care, Good Samaritan Village & Rehab Center, all in Kissimmee, and at The Estates of Carpenters in Lakeland, Florida, and Grace Health Care in Lake Wales, Florida.

Dr Chappel earned his medical degree from Indiana University School of Medicine in Indianapolis, then completed a residency in Family Practice at the Naval Regional Medical Center in Jacksonville, Florida. He is certified in Family Practice.

Dr Chappel has acted as Spring Training Physicians for the Houston Astros and the Atlanta Braves and as Physician Director for Osceola County Sports Medicine. A Fellow of the American Academy of Family Physicians, he is a member of the American College Sports Medicine, American Medical Triathlon Association, Florida Academy of Family Physicians, and American Medical Directors Association. In 2010, he received the William C Schwartz Industry Innovation Award from Metro Orlando Economic Development Commission.