

10th Annual FADAP Conference

This Year's Conference Will Have a Specialized Focus on the Challenges of COVID-19 on Flight Attendant Recovery and Strategies to Address Them

Tuesday, August 18, 2020

10:00 a m - 10:45 a m	Meditation and Stretching McArthur Stidom
11:00 a m - 11:15 a m	<i>Break</i>
11:15 a m - 12:15 p m	Welcome, History and Overview of the Flight Attendant Drug and Alcohol Program Heather Healy, LCSW-C, CEAP, FADAP Manager Nicholas Lomangino, MD, FAA Deborah McCormick, LCDP, CEAP, FADAP Coordinator
12:15 p m - 1:15 p m S e s s i o n 1	"Where We Are and Where We Are Going in SA Treatment" Innovations in Substance Abuse Treatment Dr. Beau Nelson, DBH, LCSW
1:15 p m - 1:30 p m	<i>Break</i>
1:30 p m - 2:30 p m S e s s i o n 2	"My Flight into Recovery" Panel of Recovering Flight Attendants
2:30 p m - 2:45 p m	<i>Break</i>
2:45 p m - 3:45 p m S e s s i o n 3	"The Healing Power of Self-Compassion" Kathleen Murphy, MA, LPC
3:45 p m - 4:00 p m	<i>Break</i>
4:00 p m - 5:00 p m S e s s i o n 4	"The Role of Nutrition and Wellness in Recovery" Lantie Jorandby, MD Daniel Crites
5:00 p m - 5:15 p m	Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
7:00 p m - 8:00 p m	Open AA Virtual Meeting
	Open Al-Anon Virtual Meeting

Wednesday, August 19, 2020

10:00 a m – 10:45 a m	Meditation and Stretching McArthur Stidom
10:45 a m - 11:00 a m	<i>Break</i>
11:00 a m - 11:15 a m	Welcome Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
11:15 a m - 12:15 p m S e s s i o n 5	“Anxiety, Sleeplessness and Weight Loss” Mario San Bartolome, MD
12:15 p m – 12:30 p m	<i>Break</i>
12:30 p m – 1:30 p m S e s s i o n 6	“Partnerships to Advance the Flight Attendant Well-Being” American Airlines, Delta Airlines, SkyWest
1:30 p m - 1:45 p m	<i>Break</i>
1:45 p m – 2:45 p m S e s s i o n 7	“Chem/Sex Addiction” Kamrin Carver, LMFT, CSAT
2:45 p m - 3:00 p m	<i>Break</i>
3:00 p m – 4:00 p m S e s s i o n 8	“Family Culture in Treatment Environment” Kyle Kone, LMFT
4:00 p m – 5:00 p m S e s s i o n 9	“Distorted Perceptions: Stigma as a Barrier to Recovery” Jennifer Brown
5:00 p m – 5:15 p m	Closing Comments Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
7:00 p m – 8:00 p m	Open AA Virtual Meeting
7:00 p m – 8:00 p m	Open Al-Anon Virtual meeting