

## TUESDAY KEYNOTE SPEAKER

### **Kristina Box, MD, FACOG** **State Health Commissioner**

Dr. Box was named Indiana State Health Commissioner by Governor Eric J. Holcomb on September 18, 2017. She brings to the role a passion for improving the health of Hoosiers, beginning before birth.

Dr. Box has been a practicing obstetrician and gynecologist in Indianapolis for 30 years. She served on the Indiana Perinatal Quality Improvement Collaborative (IPQIC), an advisory council to the Indiana State Department of Health that is comprised of more than 300 statewide community professionals working to reduce infant mortality. Her work with IPQIC included serving on a state task force to address neonatal abstinence syndrome (NAS), which established standards for the diagnosis of NAS and developed a hospital study to determine the prevalence of drug exposed newborns.

Dr. Box earned her undergraduate degree at Indiana University in Bloomington and her medical doctorate at Indiana University School of Medicine in Indianapolis.



## TUESDAY FEATURED SPEAKER

### **Billy Riggs MRE, MDiv, CSP** *Speaker, Author, Illusionist* ***The Magic of Health and Education***

Billy Riggs is a master teacher who uses his illusions and comedy to grip audiences, move them to action, improve attitudes, inspire staff, and send them back to work with new vision, passion and tools.

In a riveting presentation, Billy reminds school health advocates and partners, school staff, educators and administrators of the difference they make in students' lives. He gives them tools they can use immediately and sends them off to work with their hearts afire, their tool belts filled, their minds stimulated, and their funny bones tickled.

Billy has used an unusual blend of comedy, music, magic, training, and motivation to spread his positive attitude to more than a million people on five continents. In 2002, Mr. Riggs was presented the highest earned award of the National Speakers Association: the Certified Speaking Professional. Since 1995, he has breathed magic into people, companies and organizations.



## WEDNESDAY KEYNOTE PANEL

### **Moderator:**

**Kayce D. Solari Williams, PhD, MPH, MS**  
**President, American School Health Association**

Over the past 23 years, Dr. Kayce D. Solari Williams has taught at the K-12 and higher education levels. She is currently a clinical assistant professor at the University of Houston in the Department of Psychological, Health, and Learning Sciences, co-owner of Be Well Health Resources, LLC, Co-investigator on a NIH-funded cancer and health disparities research training grant, and president of the American School Health Association. Her primary research mission is to prevent new cases of obesity and associated chronic diseases through physical activity and active lifestyle promotion.



### **Panelists:**

**Sarah Sparrow Benes, PhD, MPH, MS.Ed**  
**Associate Clinical Professor, Merrimack College**

Sarah Sparrow Benes received her MPH in 2021, her Ed.D. in Curriculum and Teaching in 2010 and her Ed.M in Human Movement in 2006 from Boston University. She went to Boston University from the University of Connecticut where she earned her B.S. in Athletic Training. Sarah worked as a graduate assistant athletic trainer and an Assistant Athletic Trainer at Boston University before transitioning to teaching full time and running the Physical and Health Education Teacher Education Programs for 6 years. Dr. Benes is now at Merrimack College as Associate Clinical Professor in the School of Health Sciences.



**Tarrell Berry, MA, MBA**  
**School Improvement Specialist**  
**Indiana Department of Education**

Tarrell Berry is a School Improvement Specialist with the IDOE, he also acts as the lead on all things Equity related. Additionally, he brings teaching experience with Lawrence Township as well as IUPUI. He holds a BS in African American Studies and MA in Education from Earlham College and holds an MBA in Educational Leadership from Indiana State University. He has worked with over 40 districts statewide to begin and aid in their conversations around Equity/Cultural Competency.



**Brian Richardson Jr., MS.Ed**  
**Director for Diversity, Equity, and Inclusion**  
**Indianapolis Colts**

Mr. Brian Richardson Jr. is an award-winning diversity officer, who has had the opportunity to travel nationally providing trainings and workshops on DEI related content. Mr. Richardson currently serves as the inaugural Director for Diversity, Equity, and Inclusion for the Indianapolis Colts, and as an Adjunct Professor at Indiana University. He is an alumnus of Southern Illinois University Edwardsville, where he earned a Master of Science in Education with an emphasis on kinesiology, and a Bachelor of Science with a concentration on sports management from Culver Stockton College. Mr. Richardson is currently pursuing his doctorate in Higher Education and Student Affairs at Indiana University-Bloomington.



**WEDNESDAY FEATURED SPEAKER**

**Chan M Hellman, PhD**  
**Director, Hope Research Center**

Chan M. Hellman is a professor of social work at the University of Oklahoma and Director of The Hope Research Center. He has written more than 100 scientific publications and has presented at numerous national and international conferences worldwide. Chan's research is focused on hope as a psychological strength helping children and adults overcome trauma and adversity. Chan just published a new book "Hope Rising: How the Science of Hope Can Change Your Life" with his co-author Casey Gwinn published by Morgan James.

