



BREAST CANCER

A Six-Hour Interprofessional Symposium
Saturday, September 23, 2023 | 8:45 a.m. to 4:30 p.m. (ET)

1199SEIU
United Healthcare Workers East

AGENDA

8:45am	PARTICIPANTS LOGIN	
9:20am – 9:30am	Welcome and Introductory Remarks / Program Moderator: Sheldon M. Feldman, MD, FACS	
9:30am – 10:30am	“Breast Cancer: Overview and Update” <ol style="list-style-type: none">1. Review the established known causes for breast cancer.2. Discuss the epidemiology of breast cancer with understanding the distribution amongst different racial/ethnic groups.3. Review the known genetic factors that increase cancer risk and determine surveillance and prevention recommendations.	Sheldon M. Feldman, MD, FACS
10:30am – 11:30am	“Screening and Diagnostics” <ol style="list-style-type: none">1. Explain the role of screening mammography and its ability to detect breast cancer. Discuss the indications of additional screening with ultrasound and MRI.2. Review the importance of history and physical exam for breast patients.3. Discuss the pathophysiology and histopathology of benign lesions of the breast, high risk lesions, DCIS and invasive carcinoma.4. Role of high risk screening for women with increased risk of breast cancer.5. Evaluation and workup of newly diagnosed breast cancer.	Anjuli M. Gupta, MD
11:30am – 12:30pm	“Treatment and Management” <ol style="list-style-type: none">1. Understanding of breast cancer detection.2. Knowledge of breast cancer work up.3. Fundamentals of breast cancer treatment options.4. Overview of breast cancer management.	Maureen P. McEvoy, MD, FACS
12:30pm	LUNCH BREAK	
1:30pm – 2:30pm	“Survivorship” <ol style="list-style-type: none">1. Understand the term cancer survivor.2. Demonstrate knowledge of the components of survivorship care.3. Identify the medical co-morbidities after breast cancer treatment.4. Discuss the importance of follow up care.	Janice Simpson, DNP
2:30pm – 3:30pm	“Nutritional Management” <ol style="list-style-type: none">1. To understand what is the current evidence associated with nutrition recommendations for breast cancer.2. To learn the role of diet and exercise in optimizing breast cancer treatment and survivorship.3. To be able to provide key messages as a provider to breast cancer patients regarding nutrition.	Rachel Padilla, MS, RD, CDN, CSO
3:30pm – 4:30pm	“Psychosocial Support: Wellness and Patient Education” <ol style="list-style-type: none">1. To describe areas of quality of life that can be affected by a breast cancer diagnosis.2. To be able to identify at least 3 psychosocial interventions that are known to promote emotional and physical recovery after a breast cancer diagnosis.3. To be able to define resiliency and posttraumatic growth and how to cultivate it.	Alyson Moadel-Robblee, PhD
4:30pm	PROGRAM ENDS	